



1  
00:00:00,506 --> 00:00:04,766  
[ Music ]

2  
00:00:05,266 --> 00:00:07,176  
>> It's Monday, October 21st.

3  
00:00:07,486 --> 00:00:10,526  
The International Space Station  
crewmembers have focused their

4  
00:00:10,526 --> 00:00:14,616  
attention today on preparation  
for departure on Tuesday

5  
00:00:14,976 --> 00:00:18,416  
of the Cygnus cargo vehicle,  
as well as preparation

6  
00:00:18,506 --> 00:00:20,886  
for a planned spacewalk  
next month

7  
00:00:21,316 --> 00:00:25,426  
that will be the longest leg in  
the next Olympic torch relay.

8  
00:00:26,106 --> 00:00:28,756  
Station commander Fyodor  
Yurchikhin kicked off the week

9  
00:00:28,756 --> 00:00:31,196  
with station maintenance,  
working first

10  
00:00:31,196 --> 00:00:35,526  
on the laptop computers and then  
on the Russian segment toilet.

11  
00:00:36,076 --> 00:00:39,806

Afterwards, he joined fellow Soyuz commander Oleg Kotov,

12

00:00:40,076 --> 00:00:42,956

as the two of them conducted a test of communications

13

00:00:43,126 --> 00:00:44,856

between those two vehicles.

14

00:00:45,406 --> 00:00:48,636

They then joined up with flight engineer Sergey Ryazanskiy

15

00:00:48,706 --> 00:00:52,066

to record messages for Russian public affairs use

16

00:00:52,066 --> 00:00:54,046

and finished their day wrapping

17

00:00:54,046 --> 00:00:56,186

up with their daily exercise sessions.

18

00:00:56,846 --> 00:00:59,896

Kotov and Ryazanskiy spent their morning gathering tools

19

00:01:00,066 --> 00:01:02,676

that will be used during an upcoming spacewalk.

20

00:01:03,176 --> 00:01:06,266

Next month during the direct handover period,

21

00:01:06,596 --> 00:01:08,506

while there will be nine crewmembers

22

00:01:08,506 --> 00:01:09,826  
on board the space station,

23

00:01:10,326 --> 00:01:14,356  
Kotov and Ryazanskiy will go  
outside to replace some antenna

24

00:01:14,356 --> 00:01:17,536  
and configure communications  
cables as part

25

00:01:17,536 --> 00:01:19,886  
of the ongoing preparations  
for the arrival

26

00:01:20,206 --> 00:01:23,076  
of a new Russian  
multipurpose laboratory module

27

00:01:23,076 --> 00:01:23,716  
to the station.

28

00:01:24,326 --> 00:01:28,996  
But they will also carry an  
Olympic torch outside as part

29

00:01:28,996 --> 00:01:32,616  
of the torch relay, leading  
up to the winter Olympic Games

30

00:01:32,806 --> 00:01:35,366  
in Sochi Russia,  
beginning in February.

31

00:01:35,976 --> 00:01:37,466  
That torch is going  
to be delivered

32

00:01:37,466 --> 00:01:40,966  
to the station onboard a Soyuz  
vehicle early next month,

33

00:01:41,446 --> 00:01:43,976  
and then returned to the  
ground with Yurchikhin

34

00:01:43,976 --> 00:01:47,536  
and his departing Soyuz  
crew on November the 10th.

35

00:01:48,046 --> 00:01:50,536  
The U.S. segment  
crewmembers spent most

36

00:01:50,536 --> 00:01:54,166  
of their day preparing the  
Cygnus vehicle for departure.

37

00:01:54,426 --> 00:01:57,116  
To wrap up its successful  
demonstration flight

38

00:01:57,386 --> 00:01:59,486  
when it leaves the  
station on Tuesday,

39

00:01:59,596 --> 00:02:02,326  
flight engineers Karen Nyberg

40

00:02:02,326 --> 00:02:06,376  
and Luca Parmitano did the  
last work inside the ship

41

00:02:06,616 --> 00:02:09,976  
that arrived on September  
the 29th, and closed it

42

00:02:09,976 --> 00:02:13,586

out for departure by removing  
the ventilation ducting

43

00:02:13,836 --> 00:02:14,856  
and some handrails.

44

00:02:15,446 --> 00:02:17,986  
They then closed the  
cargo ship's hatch

45

00:02:18,246 --> 00:02:20,336  
at 5:42 this morning.

46

00:02:21,056 --> 00:02:23,146  
Later in the day, Parmitano

47

00:02:23,146 --> 00:02:26,316  
and Mike Hopkins  
disconnected the power jumpers

48

00:02:26,316 --> 00:02:29,776  
in the vestibule between  
Cygnus and the Harmony module,

49

00:02:30,056 --> 00:02:32,796  
and reinstalled the power  
controller assemblies

50

00:02:32,796 --> 00:02:35,146  
that operate the common  
birthing mechanism.

51

00:02:35,606 --> 00:02:37,056  
That is the mechanism

52

00:02:37,056 --> 00:02:40,466  
which holds the cargo ship  
tightly to the station.

53

00:02:41,126 --> 00:02:43,756

That was all done  
so that Parmitano

54

00:02:43,756 --> 00:02:48,966

and Nyberg could then close the  
Harmony hatch on that vestibule

55

00:02:49,356 --> 00:02:51,656

to begin deep pressurization  
of that area

56

00:02:51,656 --> 00:02:53,116

between the two vehicles.

57

00:02:53,826 --> 00:02:56,206

Hopkins, Parmitano  
and Nyberg will wrap

58

00:02:56,206 --> 00:03:00,036

up their day reviewing Cygnus  
departure procedures before the

59

00:03:00,036 --> 00:03:01,876

Tuesday morning unbirthing.

60

00:03:02,206 --> 00:03:05,706

At that time, Parmitano  
will be at the command

61

00:03:05,706 --> 00:03:07,476

of the station's Kenned  
Dorm 2 [assumed spelling]

62

00:03:07,866 --> 00:03:10,596

to remove Cygnus from  
its docking port,

63

00:03:11,046 --> 00:03:13,566

and move it out away from

the station structure,

64

00:03:13,956 --> 00:03:15,876  
and release it into free flight.

65

00:03:16,396 --> 00:03:18,856  
All of that activity will  
start just a little bit

66

00:03:18,856 --> 00:03:21,796  
after four o'clock  
central time on Tuesday.

67

00:03:22,236 --> 00:03:24,896  
The unbirthing starts  
about five o'clock,

68

00:03:25,286 --> 00:03:29,306  
and release of Cygnus  
happens at 6:30 Central time.